Recreation Programs for Children with Special Needs

Baltimore County Public Schools
Allied Sports
410-887-2328
www.bcps.org
Allied Sports is a totally inclusive program that affords high school students with disabilities an equal opportunity to participate in their interscholastic sports alongside their non-disabled peers.

The ARC Baltimore
410-296-2272
www.thearcbaltimore.org
Maintains a directory of day and residential summer camps for students with disabilities.

Baltimore Adapted Recreation & Sports (BARS)
410-771-4606
www.barsinfo.org
This organization provides recreational opportunities for individuals with disabilities, family and friends.

Boy Scouts of America
Baltimore Area Council
443-573-2500
www.baltimorebsa.org
Will work with parents to include boys age six years and older with special needs into community units or will assist parents in locating Special Needs Units throughout Maryland appropriate for their son.

Baltimore Area Special Hockey, Inc.
Home of the Baltimore Saints
410-370-1818
www.baltimoresaintshockey.org
Baltimore Area Special Hockey, Inc. offers an ice hockey program for both children and adults with a traumatic brain injury or intellectual disabilities such as Autism and Down Syndrome.

Baltimore’s Child
410-367-5884
www.baltimoreschild.com
Publishes a free summer camp issue each February.

Baltimore County
Department of Recreation & Parks
Office of Therapeutic Recreation
410-887-5370
www.baltimorecountymd.gov/Agencies/recreation/programdivision/therapeutic/index.html
Provides a wide variety of recreation opportunities and services for individuals with disabilities countywide. Offering programs designed specifically for individuals with disabilities, as well as inclusion into general recreation programs, the office provides reasonable accommodations for full participation in all of our department programs. The Leisure Resources Newsletter lists program opportunities for individuals with disabilities.

B’more Abilities Special Arts Center
443-769-0507
www.basac.org
Promotes performing and visual arts with a particular emphasis on fostering creative expression for persons with developmental and/or physical disabilities.

Children’s Developmental Class for Special Needs Children
410-780-6387
www.ccbcmd.edu/cdc
Helps children with special needs manage their unique challenges. Children are mentored in the area of motor development, academic and social skills.

Downtown Sailing Center
410-727-0722
www.downtownsailing.org
The program is designed to provide inclusive sailing opportunities for those with disabilities and to promote life skills such as self-reliance, self-confidence, teamwork, patience, and respect for others.
Girls Scouts of Central Maryland  
800-492-2521  
www.gscm.org  
Will work with parents to include girls age five years and older with special needs into community units or will assist parents in locating Special Needs Units throughout Maryland appropriate for their daughter.

The League for People with Disabilities  
410-323-0500  
www.leagueforpeople.org  
The League’s year round Camping & Therapeutic Recreation program provides joyful, life-changing experiences in a safe environment and builds meaningful relationships in the lives of youth and adults. Camping & Therapeutic Recreation is proud to offer summer camp programs, year round camping, assisted travel and community recreation.

Physically Challenged Sports Program  
443-923-7844  
www.kennedykrieger.org  
Provides therapeutic sports and recreational programs for children with varying degrees of physical abilities. Open to individuals aged 2-21 who experience physical challenges and exhibit cognitive skills at or near appropriate developmental levels.

Rebounders (Timonium)  
“I Can Do It Too”  
410-252-3374  
www.rebounders.com  
Special Needs Program is a sensory/motor/gymnastics program for children all ages with any minimal to severe physical, mental, emotional, and social language, and/or sensory challenges including but not limited to developmental delay, attention deficit, and autism.

Special Olympics  
410-789-6677  
www.somd.org  
Provides year round sports training and competitions for children and adults with developmental disabilities. Programs are free and include aquatics, track & field, basketball, bowling, equestrian, softball, volleyball, power lifting, soccer, and alpine/cross country skiing.

By compiling this list the Resource Center in no way endorses any of the above agencies. This list is presented for your information only. Additional information regarding any of the agencies should be directed to the agency in question.
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