

**BALTIMORE COUNTY PUBLIC SCHOOLS
BULLYING AND HARASSMENT PREVENTION RESOURCES**

Bullying and avoiding abuse is addressed in the health curriculum:

- Grade 2 - Conflict Resolution
- Grade 3 - Teasing and Bullying, Conflict Resolution
- Grade 4 - Harassment, Respecting Differences, Conflict Resolution
- Grade 5 - Harassment, Conflict Resolution
- Grade 6 - Bullying- You Don't have to Take It
- Grade 7- Dealing with Conflict
- Grade 8 - Sexual Harassment
- High School - Healthy Versus Unhealthy Relationships, Sexual Aggression

The Bully-Free Classroom

- Resource book of tips and strategies for teachers K-8 in all elementary and middle schools (Allan L. Beane, Ph.D)

You're Mean - When Words Hurt Us

- Video in all elementary schools to supplement the Grade 3 bullying and teasing lesson in the health education curriculum

Bully Dance

- Video in all middle schools used by health educators

Bullying: You Don't Have to Take it Anymore

- Video in all middle schools used by health educators

Stand up: Speak out

- Bullying and Harassment Prevention Module (Sunburst Kit) for parent/teacher resource center

Hands are Not for Hitting

- Classroom resource for PreK and K

Bullying in Schools by Paul Langan

- Middle school counselors work with students utilizing the booklet

Bullying Prevention videos on Safari Montage

Character Education

- Incorporated in each school's School Improvement Plan. Bullying and harassment is a critical component.

Character Education Resource Books

(Distributed to all schools)

- *What Do you Stand For: A Guide to Building Character* (Barbara Lewis)
- *Role Models: Examples of Character and Leadership* (Joseph M. Hoedel, Ph.D.)
- *Smart and Good High Schools* (for all school levels) Thomas Lickona, Ph.D and Matthew Davidson, Ph.D.
- *Discipline that Restores* (Ron and Roxanne Claassen)
- *Character Matters* (Thomas Lickona)
- *First Class Character Education Activities Program: Ready to Use Lessons and Activities, Grades 7-12* (Michael D. Koehler and Karen E. Royer)

Second Step Program

- A classroom-based, social skills program for preschool through ninth grade students. It is designed to reduce impulsive, high-risk, and aggressive behaviors and increase children's social-emotional competence and other protective factors.

Stop and Think Program

- A program developed to teach students effective pro-social, interpersonal, problem-solving, and conflict resolution skills. In this program, social skills are behaviors that students learn, just like they learn academic skills.

Tools for Teaching (Fred Jones)

- A positive behavior program developed as an approach to teaching discipline. The program focuses on behavior modification and behavior management within the classroom.

Cooperative Discipline

- A program that provides teachers with practical strategies to help prevent and intervene in negative student behavior and support positive student behavior

Web Resources

- www.bullying.org
- <http://www.tolerance.org>
- <http://mentalhealth.samhsa.gov/publications/allpubs/svp-0052/>

Baltimore County Public Schools Web sites

- <http://www.bcps.org/offices/sss/brochures.html>
- https://intranet.bcps.org/offices/sss/safe_drug-free_schools/pdf/Community-Conferencing-Project.pdf

Public Service Announcements for Character Objectives

- https://intranet.bcps.org/offices/sss/safe_drug-free_schools/School-Based_Character_Development.html

Positive Behavior Planning and Programs

- Positive behavior programs provide a systems approach to enhancing the capacity of schools to educate all children by developing research-based, schoolwide, and classroom discipline systems. The process focuses on improving a school's ability to teach and support positive behavior for all students.

As outlined in Board of Education Policy and Superintendent's Rule 5510 (Positive Behavior), the following interventions and supports are recommended to teach students how to behave and to encourage students to behave appropriately in school:

- Student/teacher conferences
- Appropriate student placement in classes
- Teacher/parent/student conferences
- Teacher/student/school counselor conferences
- Peer mediation program
- Conflict resolution program
- Mentoring program
- Student support team interventions
- Functional behavior assessments
- Individual student behavior plans

Community Resources Bureau (Baltimore County Police Department)

- The Community Resources Team coordinates initiatives such as crime prevention, domestic violence prevention, elder abuse prevention, and the Citizens' Academy. Schools without School Resource Officers may utilize services by contacting the local police precinct.
- The Youth Initiatives Unit implements prevention programs addressing juvenile delinquency, prevention of recidivism of juvenile offenders, and the enhancement of enforcement strategies.
- The Youth Initiatives Team researches "best practice" programs that prevent juvenile crime and delinquency.
- Juvenile Offenders in Need of Supervision (JOINS) Program prevents juvenile delinquency by diverting threshold offenders from the juvenile justice system
- The Police Athletic League (PAL) is a drop-in center that offers a safe and constructive alternative to youth between the ages of 8 and 17 after school and during the summer.
- The School Resource Officer (SRO) Program provides law-related education, law-related counseling, and mentoring to address bullying and other issues.

Why Try? Program

- The *Why Try? Program* uses a multi-sensory approach, based on visual analogies, to teach youth in a way that accommodates their learning styles, and gives them insight into how to deal with daily challenges.

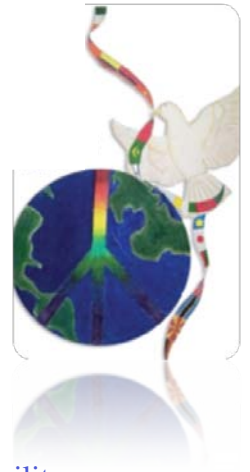
Community Conferencing

- A Community Conference is a meeting of people affected by behavior that has caused serious harm. The goal of the conference is to understand what happened and to create an agreement that will repair the harm and guide future interactions among the participants as needed. Community conferencing is an effective tool to address incidents which could otherwise result in school suspensions or traditional juvenile justice measures.

Daily Rap

- The *Daily Rap* is a tool to help teachers build a positive school climates in which young people feel safe, connected, and supported.

Baltimore County Public Schools *Character Objectives*



1. To develop the wisdom and good judgment to make reasoned decisions.
2. To develop a sense of justice that is informed by fairness, honesty, and civility.
3. To develop and demonstrate respect for self, respect for others, and respect for property.
4. To demonstrate tolerance and understanding of others regardless of race, gender, ethnicity, disability, national origin, religion, creed, socio-economic status, marital status, pregnancy, personal record, sexual orientation, or political belief.
5. To demonstrate compassion for others through the development of empathy, kindness, and service.
6. To demonstrate discipline and responsibility by exhibiting self-control and the willingness to admit mistakes and correct them.
7. To develop a positive attitude that reflects hope, enthusiasm, flexibility, and appreciation.
8. To demonstrate pride in oneself and others by doing the best for self, family, school, and community and by respecting the achievements of others.
9. To exhibit personal and academic integrity through honesty, expressing beliefs in appropriate ways, and working to one's full potential.