

Baltimore County Public Schools

Office of Health Services

Swine Flu Preparedness – April, 2009

Baltimore County Public Schools has established plans and procedures for addressing communicable disease outbreaks. Our response to any local outbreak of swine flu will be guided by these existing procedures and supplemented by recommendations from the Baltimore County Department of Health.

Schools and Offices have been reminded to use the outbreak of swine flu in other parts of the US and world as an opportunity to remind students and staff of steps to prevent contracting flu and other communicable diseases. Students and staff are regularly taught good hand washing techniques, cough etiquette, and the important role of good nutrition and rest in the functioning of the immune system. Many schools have reviewed these concepts with students in recent days.

The following resources may be useful to schools and community members to learn the latest about swine flu and prevention strategies:

Handwashing - <http://www.bcps.org/offices/sss/health/pdf/Hand-Washing.pdf>

Cough Etiquette - http://www.cdc.gov/flu/protect/pdf/covercough_hcp8-5x11.pdf

Common Sense Measures for Preventing the Flu -
http://www.cdc.gov/flu/protect/habits.htm?s_cid=swineFlu_outbreak_internal_003

Baltimore County Department of Health – <http://www.baltimorecountymd.gov/go/health>
Swine Flu Hotline 410-887-2243

Maryland Department of Health and Mental Hygiene –
<http://www.governor.maryland.gov/flu/index.html>

Swine Influenza and You (from CDC) - http://www.cdc.gov/swineflu/swineflu_you.htm

Latest Information on Swine Flu in US and National Recommendations -
http://www.cdc.gov/swineflu/?s_cid=swineFlu_outbreak_internal_001