

# BALTIMORE COUNTY PUBLIC SCHOOLS

## Office of Health Services, Employee Wellness

410-887-6397

### Fitness Club Discount Program offered to BCPS' Staff 2011-2012

#### **Arena Club**

[www.thearenaclub.com](http://www.thearenaclub.com)

2304 Churchville Road, Bel Air, MD 21015

Discounted monthly membership fee: \$59

Specials: Free three-day trial membership and special prices on small group personal training

Contact Kathy Wise, 410-734-7300 ext 110, [kwise@thearenaclub.com](mailto:kwise@thearenaclub.com)

#### **Baltimore Fitness and Tennis**

[www.fitnessandtennis.com](http://www.fitnessandtennis.com)

1726 Reistertown Road, Pikesville, MD 21208

Discounted monthly membership fee: \$34.50

Specials: First month free and two-week guest passes

Contact Leslie Romero, 410-653-0166, [leslie@fitnessandtennis.com](mailto:leslie@fitnessandtennis.com)

#### **Bel Air Athletic Club**

[www.baac.com](http://www.baac.com)

658 Boulton Street, Bel Air, MD 21014

Discounted enrollment fee: \$49

Discounted monthly membership fee: \$81 per month

Specials: Free one-week pass

Contact Bob Martindale, 410-838-2670 ext. 208, [bmartindale@wellbridge.com](mailto:bmartindale@wellbridge.com)

#### **Brick Bodies/Lynne Bricks**

[www.brickbodies.com](http://www.brickbodies.com)

Locations in Downtown Baltimore, Greenspring Station, Padonia, Perry Hall, and Reisterstown. Also, women's only facilities in Belvedere Square and Owings Mills.

Discounted monthly membership fee: \$18.99 bi-weekly

Specials: Free two-week trial membership and free orientation sessions with personal trainer

Contact Nikole Gardner, 410-252-8085 ext. 202, [nikole.gardner@brickbodies.com](mailto:nikole.gardner@brickbodies.com)

#### **Canton Club Health and Fitness**

[www.cantonclub24.com](http://www.cantonclub24.com)

2780-D Lighthouse Point East, Baltimore, MD 21224

Enrollment fee: 50% off

Discounted monthly membership fee: \$59 with one year contract

Special: Free 14-day trial membership and one free personal training session

Contact Amy Passen, 410-276-5544, [amy@cantonclub24.com](mailto:amy@cantonclub24.com)

#### **Curves**

[www.curves.com](http://www.curves.com)

1220 E. Joppa Road, #105, Towson, MD 21286

Discounted enrollment fee: \$30

Discounted monthly membership fee: \$34

Contact Dodie Lazzati, 410-823-2005, [dodie1of10@gmail.com](mailto:dodie1of10@gmail.com)

**Energy Fitness**

[www.energyfitnessbaltimore.com](http://www.energyfitnessbaltimore.com)

8608 Liberty Road, Randallstown, MD 21133

Discounted monthly membership fee: \$19.95

Special: Free trial membership

Contact Jon Skelton, 410-521-5555, [energyfitness08@aol.com](mailto:energyfitness08@aol.com)

**Energy Fitness**

[www.energyfitnesslinthicum.com](http://www.energyfitnesslinthicum.com)

701 Digital Drive, Linthicum, MD 21090

Enrollment fee: 70% off

Discounted monthly membership fee: \$35

Special: Free 3-day trial membership

Contact Ryan Grant, 410-636-7440, [rgrant@energyfitnesslinthicum.com](mailto:rgrant@energyfitnesslinthicum.com)

**Executive Plaza Fitness Center**

[www.epfitnesscenter.com](http://www.epfitnesscenter.com)

11350 McCormick Road, Hunt Valley, MD 21031

No enrollment fee

Special: First month free

Contact Diane Pantano, 410-771-6962, [d.pantano@epfitnesscenter.com](mailto:d.pantano@epfitnesscenter.com)

**LifeBridge Health & Fitness**

[www.lbhfitness.com](http://www.lbhfitness.com)

1836 Greene Tree Road, Baltimore, MD 21208

No enrollment fee

Discounted monthly membership fee: \$79 for a 3 month commitment

Contact Dave Rew, 410-318-6817, [drew@lifebridgehealth.org](mailto:drew@lifebridgehealth.org)

**Maryland Athletic Club**

[www.macwellness.com](http://www.macwellness.com)

110 W. Timonium Road, Timonium, MD 21093

No enrollment fee

Discounted monthly membership fee: \$89

Special: Free 2-week trial

Contact Maria Yanson, 410-453-9113, [myanson@macwellness.com](mailto:myanson@macwellness.com)

**Meadow Mill Athletic Club**

[www.meadowmill.com](http://www.meadowmill.com)

3600 Clipper Mill Road, Baltimore, MD 21211

No enrollment fee

Discounted monthly membership fee: \$60

Special: Free two-week trial

Contact Nancy Cushman, 410-235-7000, [info@meadowmill.com](mailto:info@meadowmill.com)

**Merritt Athletic Clubs**

[www.merrittclubs.com](http://www.merrittclubs.com)

Canton, Cockeysville, Downtown, Eldersburg, Federal Hill, Owings Mills, Security, Towson

Discounted monthly membership fee: \$79

Special: Free two-week trial

Contact Craig Nuefeld, 443-528-9684, [cneufeld@merrittclubs.com](mailto:cneufeld@merrittclubs.com)

**Pulse Health & Fitness**

[www.pulsehealthandfitness.com](http://www.pulsehealthandfitness.com)

14630 York Road, Suite A, Sparks MD 21152

No enrollment fee

Discounted monthly membership fee: \$49

Contact Robert Gaffney, 410-472-0570, [pulsefitness@comcast.net](mailto:pulsefitness@comcast.net)

**Silhouettes for Women**

[www.silhouettesforwomen.com](http://www.silhouettesforwomen.com)

6249 B Kenwood Avenue, Baltimore, MD 21237

No enrollment fee

Discounted monthly membership fee: \$34.95

Special: Free one-week trial

Contact Robin Rausch, 410-866-5850, [silhouettesinc@aol.com](mailto:silhouettesinc@aol.com)

**Triangle Fitness**

[www.trianglefitness1.net](http://www.trianglefitness1.net)

1430 Progress Way, #109, Eldersburg, MD 21784

No enrollment fee

Special: First month free

Contact Joe Eder, 410-549-1600