

What ARE YOU Like?

Directions: Using the *What ARE You Like?* worksheet, cover the right hand column by folding it in half or covering it with another sheet of paper. Have students complete the left hand column by checking perceived characteristics. Discuss what they checked off. Following the discussion, open to the right hand column and allow students to see their characteristics in a positive manner. Through this process, students can begin to see their identified weaknesses as strengths.

Which of the following sentences describe You?

Put a check next to the ones that you think describe you.

<input type="checkbox"/> I am not responsible.	<input type="checkbox"/> I am flexible and easy-going.
<input type="checkbox"/> I goof off too much.	<input type="checkbox"/> I have a playful attitude.
<input type="checkbox"/> I don't follow rules.	<input type="checkbox"/> I explore new possibilities.
<input type="checkbox"/> I like to be in charge.	<input type="checkbox"/> I am a good negotiator.
<input type="checkbox"/> I find it hard to stay on task.	<input type="checkbox"/> I have many interests.
<input type="checkbox"/> I start too many things at one time.	<input type="checkbox"/> I am creative.
<input type="checkbox"/> I take risks.	<input type="checkbox"/> I am adventurous.
<input type="checkbox"/> I don't like being told what to do.	<input type="checkbox"/> I value freedom.
<input type="checkbox"/> I have too much energy.	<input type="checkbox"/> I am spontaneous.
<input type="checkbox"/> I am immature.	<input type="checkbox"/> I am fun loving.
<input type="checkbox"/> I talk too much.	<input type="checkbox"/> I am a great communicator.
<input type="checkbox"/> I like to add my opinion to discussions.	<input type="checkbox"/> I am highly verbal.
<input type="checkbox"/> I don't give up.	<input type="checkbox"/> I am persistent.
<input type="checkbox"/> I like to hear what is going on.	<input type="checkbox"/> I am interested in others.
<input type="checkbox"/> I forget things often.	<input type="checkbox"/> I am interested in things.
<input type="checkbox"/> I get my feelings hurt.	<input type="checkbox"/> I care about others.
<input type="checkbox"/> I play with things in my desk.	<input type="checkbox"/> I am innovative.
<input type="checkbox"/> I can find it difficult to concentrate.	<input type="checkbox"/> I am imaginative.
<input type="checkbox"/> I have many friends, not just one.	<input type="checkbox"/> I am outgoing.
<input type="checkbox"/> I take notice of things around me.	<input type="checkbox"/> I am observant.
<input type="checkbox"/> I yell out.	<input type="checkbox"/> I am spontaneous.
<input type="checkbox"/> I ask a lot of questions.	<input type="checkbox"/> I am inquisitive.
<input type="checkbox"/> I find myself playing with anything.	<input type="checkbox"/> I am resourceful.