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State Superintendent of Schools

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To: Physical Education Supervisors
From: Mike Mason, Content Specialist in Physical Education
Re: Exemption from Physical Education

I have received requests for information regarding exemption from the Physical Education requirement in grades K-8. This is to advise you that under the Maryland State Board of Education regulations, Physical Education must be provided to all students each year. However there are modifications one may make based on physical limitations or handicapping conditions.

Students may participate in a modified program of physical education based upon individual needs. This would require an individual program be adapted to assist students with any necessary modifications. This program would have to be approved by the physical education teacher, supervisor, and local school system for these modifications to be developed.

If I can be of further assistance, call me at 410-767-0524. Thank you for continued cooperation.