



May 2017

Elementary School Menu

Interactive Menus Online Powered by Nutrislice
at <http://bcps.nutrislice.com/>

Menu subject to change without prior notice.

School Nutrition Employee Week

May 1-5, 2017

♥ Indicates meatless item offered.

ELEMENTARY SCHOOL MEAL PRICES

Breakfast \$1.40

Reduced Price \$.30

Lunch \$2.90

Reduced Price \$.40

Prepay for your child's meals! Visit
www.myschoolbucks.com to enroll.

Free and Reduced-Price Meals
apply online at

<https://mealapps.bcps.org/lfserver/EFORM>

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pancake w/Turkey Sausage Chicken Tenders w/Cornbread Muffin ♥ Yogurt Box w/Granola Clusters Gold Rush Juice Assorted Fresh Vegetables Cinnamon Apples	2 Fish Nugget Shapes w/Cornbread Muffin Beef and Bean Chili w/Scoops Chips Yogurt Box w/Granola Clusters Sensational Spinach Salad Assorted Fresh Vegetables Mandarin Oranges	3 Pizza Wedge, Cheese or Pepperoni Turkey & Cheese Sub Ham & Cheese Salad w/Soft Pretzel Yogurt Box w/Granola Clusters Delicious Corn Assorted Fresh Vegetables Peaches	4 Spaghetti w/Meat Sauce Hot Dog on Roll Yogurt Box w/Granola Clusters Sweet Baked Beans Terrific Tossed Salad Pineapple	5 Chicken Nuggets Grilled Cheese Sandwich Yogurt Box w/Granola Clusters Robust Tomato Soup Assorted Fresh Vegetables Assorted Canned Fruit
8 ♥ Mozzarella Dippers Teriyaki Chicken Nuggets w/ Seasoned Rice & Chow Mein Noodles Yogurt Box w/Granola Clusters Marinara Sauce Terrific Tossed Salad Pears	9 Popcorn Chicken w/Cornbread Muffin Corndog Yogurt Box w/Granola Clusters Steamed Broccoli w/Cheese Sauce Assorted Fresh Vegetables Peaches	10 Pizza Wedge, Cheese or Pepperoni Hamburger or Cheeseburger on Roll Turkey Salad Box w/Wheat Crackers Yogurt Box w/Granola Clusters Groovy Green Beans Assorted Fresh Vegetables Applesauce	11 Taco or Taco Salad w/Scoops Chips Cheese Quesadilla Yogurt Box w/Granola Clusters Sassy Salsa Seasoned Black Beans or Refried Beans Fresh Strawberries Mixed Fruit	12 Chicken Nuggets Cold Cut Sub Co-Jack Box w/Wheat Crackers Smile Potatoes Assorted Fresh Vegetables Assorted Canned Fruit
15 Pancake w/Turkey Sausage ♥ Cheese Ravioli Yogurt Box w/Granola Clusters Sweet Potato Puffs Assorted Fresh Vegetables Cinnamon Apples	16 Orange Chicken w/Rice Hamburger or Cheeseburger on Roll Yogurt Box w/Granola Clusters Steamed Broccoli Assorted Fresh Vegetables Mandarin Oranges	17 Pizza Wedge, Cheese or Pepperoni Southwest Salad w/Chicken & Scoops Chips Meatball Sub Yogurt Box w/Granola Clusters Groovy Green Beans Assorted Fresh Vegetables Peaches	18 Chicken Drumstick w/Cornbread Muffin Corn Dog Yogurt Box w/Granola Clusters Mashed Potatoes Gravy Crunchy Cucumbers & Cherry Tomatoes Applesauce	19 Chicken Nuggets Ham & Cheese Sub Yogurt Box w/Granola Clusters Sweet Baked Beans Yummy Baby Carrots Assorted Canned Fruit

AVAILABLE DAILY

A variety of milk (1% white, fat free white/chocolate/strawberry) and fresh fruits and vegetables

Monday	Tuesday	Wednesday	Thursday	Friday
22	23	24	25	26
<p>♥ Mozzarella Dippers BBQ Chicken Sandwich Yogurt Box w/Granola Clusters</p> <p>Smile Potatoes Marinara Sauce Peaches</p>	<p>Popcorn Chicken w/Cornbread Muffin BBQ Beef Rib Sandwich Yogurt Box w/Granola Clusters</p> <p>Mighty Collard Greens Crisp Cole Slaw Pineapple</p>	<p>Pizza Wedge, Cheese or Pepperoni Corn Dog Asian Spinach Salad w/Chicken & Chow Mein Noodles Yogurt Box w/Granola Clusters</p> <p>Glazed Baby Carrots Assorted Fresh Vegetables Pears</p>	<p>Taco or Taco Salad w/Scoops Chips Cheese Quesadilla Yogurt Box w/Granola Clusters</p> <p>Sassy Salsa Fancy Refried Beans or Seasoned Black Beans Mixed Fruit</p>	<p>Chicken Nuggets Macaroni and Cheese Yogurt Box w/Granola Clusters</p> <p>Mango Swirl Juice Assorted Fresh Vegetables Assorted Canned Fruit</p>
29	30	31		
<p>Memorial Day Schools Closed</p>	<p>Fish Nugget Shapes w/Cornbread Muffin Grilled Cheese Sandwich Yogurt Box w/Granola Clusters</p> <p>Sweet Baked Beans Gold Rush Juice Mandarin Oranges</p>	<p>Pizza Wedge, Cheese or Pepperoni Turkey & Cheese Sub Tuna Salad Box w/Soft Pretzel Yogurt Box w/Granola Clusters</p> <p>Delicious Corn Assorted Fresh Vegetables Peaches</p>		



***Breakfast in the Classroom (BIC) schools, please visit www.bcps.org/offices/ofns for your offerings.**

The Yogurt Box includes:

- Upstate Farms Yogurt
- String Cheese
- Granola Clusters
- Choice of 1 Fruit, 2 Vegetables and Milk

Breakfast	Monday	Tuesday	Wednesday	Thursday	Friday
An assortment of the following are offered daily; you may choose up to two :	Cereal, Cereal Bar, Elf Grahams, String Cheese, Animal Crackers, Yogurt	Cereal, Cereal Bar, Elf Grahams, String Cheese, Animal Crackers, Yogurt	Cereal, Cereal Bar, Elf Grahams, String Cheese, Animal Crackers, Yogurt	Cereal, Cereal Bar, Elf Grahams, String Cheese, Animal Crackers, Yogurt	Cereal, Cereal Bar, Elf Grahams, String Cheese, Animal Crackers, Yogurt
OR					
Choose one →	French Toast Sticks or Blueberry Muffin	Breakfast Pizza Mini Cinnis	Waffles Oatmeal Chip Bar	Breakfast Bun Strawberry Pop Tarts	Flapstick Assorted Entrées
Choose up to 2 →	100% Fruit Juice, Fresh, Canned or Dried Fruit	100% Fruit Juice, Fresh, Canned or Dried Fruit	100% Fruit Juice, Fresh, Canned or Dried Fruit	100% Fruit Juice, Fresh, Canned or Dried Fruit	100% Fruit Juice, Fresh, Canned or Dried Fruit
Choose one →	Milk	Milk	Milk	Milk	Milk