



Baltimore County Public Schools

Elementary Menu

March 2012

Our student lunch always includes two fruits or vegetables and milk!

We offer:

- A daily selection of fresh fruit
- Dark green and orange vegetables
- Beans/legumes
- Lots of whole grain selections
- Low and non-fat milk
- Non-fat yogurt lunch offered daily

March 2, 2012
In honor of Dr. Seuss's birthday, receive a complimentary bag of ABC/123 cookies at lunch.



Menu Key

- * - Meatless
- Whole Grain
- Pork
- Processed in a plant w/nuts

Elementary Meal Prices

	<u>Breakfast</u>	<u>Lunch</u>
Paid	\$1.40	\$2.90
Reduced	\$.30	\$.40

<http://www.bcps.org/offices/ofns>

			Thursday, March 1	Friday, March 2
			Hot Dog Soft Taco Taco Salad & Baked Scoops Black Bean & Corn Salad Pears Fresh Fruit	Chicken Nuggets Stuffed Shells* Free ABC/123 Cookies Corn Chopped Side Salad Assorted Canned Fruit Fresh Fruit
Monday, March 5	Tuesday, March 6	Wednesday, Mar. 7	Thursday, Mar. 8	Friday, Mar. 9
Hamburger or Cheeseburger Macaroni and Cheese* & Dinner Roll Glazed Baby Carrots Pineapple Fresh Fruit Fresh Vegetables	Pizza* Asian Ginger Chicken & Rice Green Beans Broccoli Salad Peaches Fresh Fruit	Mozzarella Dippers* with Sauce Fish Hoagie* with Cheese Sweet Potato Casserole Applesauce Fresh Fruit Fresh Vegetables	Spaghetti with Meat Sauce Chicken Patty Sandwich Chopped Salad with Chicken & Soft Pretzel Spinach Pears Fresh Fruit Fresh Vegetables	Chicken Nuggets Southwest Chili* & Baked Scoops Tuna Salad* Mgr's Choice Veg. Assorted Canned Fruit Fresh Fruit Fresh Vegetables
Monday, Mar. 12	Tuesday, Mar. 13	Wednesday, Mar. 14	Thursday, Mar. 15	Friday, Mar. 16
Teriyaki Chicken Nuggets & Rice Hot Dog Baked Beans Pineapple Fresh Fruit Fresh Vegetables	Pizza* Turkey and Dumplings California Blend Veg. Carrot and Raisin Salad Peaches Fresh Fruit	Chicken Nuggets Grilled Cheese Sandwich* Tomato Soup Applesauce Fresh Fruit Fresh Vegetables	Corn Dog Soft Taco Taco Salad & Baked Scoops Pears Fresh Fruit Fresh Vegetables	Hamburger or Cheeseburger Fish & Star Nuggets* Broccoli w/ Cheese Assorted Canned Fruit Fresh Fruit Fresh Vegetables

<i>Monday, Mar. 19</i>	<i>Tuesday, Mar. 20</i>	<i>Wednesday, Mar. 21</i>	<i>Thursday, Mar. 22</i>	<i>Friday, Mar. 23</i>
Popcorn Chicken & Cornbread Loaf 🍷 General Tso's Beef & Rice 🌿 Broccoli Pineapple Fresh Fruit Fresh Vegetable	Pizza* Salisbury Steak & Dinner Roll Mashed Potatoes & Gravy Peaches Fresh Fruit Fresh Vegetables	Crispy Baked Chicken and Dinner Roll Mozzarella Dippers* with Sauce Sweet Potatoes Fruit Crisp Fresh Fruit Fresh Vegetables	Orange Chicken and Rice 🌿 Cheese Quesadillas* 🌿 Chicken Caesar Wrap 🌿 Green Beans Pears Chopped Side Salad Fresh Fruit	Chicken Nuggets Fish Hoagie with Cheese* 🌿 Refried Beans Assorted Canned Fruit Fresh Fruit Fresh Vegetables
<i>Monday, Mar. 26</i>	<i>Tuesday, Mar. 27</i>	<i>Wednesday, Mar. 28</i>	<i>Thursday, Mar. 29</i>	<i>Friday, Mar. 30</i>
Spicy Chicken Strips & Cornbread Loaf 🍷 Corn Dog 🌿 Collard Greens Mixed Fruit Fresh Fruit Fresh Vegetables	Pizza* Barbeque Rib Sandwich 🐷 Sweet Potatoes & Apples Peaches Fresh Fruit Fresh Vegetables	Chicken Nuggets Cold Cut Sub Corn Chopped Side Salad Applesauce Fresh Fruit	Hot Dog 🌿 Soft Taco 🌿 Taco Salad & Baked Scoops 🌿 Black Bean & Corn Salad Pears Fresh Fruit	THREE HOURS EARLY CLOSING Mini Pancakes 🌿 and Turkey Sausage Tuna Salad* Roasted Potatoes Assorted Canned Fruit Fresh Fruit

BREAKFAST

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
French Toast Sticks Manager's Choice Cereal or Cereal Bar ☀️ Fresh Fruit Juice Milk	Breakfast Sandwich Breakfast Bun 🌿 Cereal or Cereal Bar ☀️ Fresh Fruit Juice Milk	Breakfast Pizza Oatmeal Chip Bar 🌿 Cereal or Cereal Bar ☀️ Fresh Fruit Juice Milk	Mini Pancakes 🌿 or Waffles 🌿 Yogurt ☀️ or Yogurt Parfait ☀️ Cereal or Cereal Bar ☀️ Fresh Fruit Juice Milk	Flapstick 🐷 🌿 Assorted Cold Entrees Cereal or Cereal Bar ☀️ Fresh Fruit Juice Milk

☀️ **Students who choose these items may choose an additional item from the following: Goldfish Graham Crackers, Animal Crackers, String Cheese**



The Office of Food and Nutrition Services is now using MyLunchMoney.com, a new service for parents to prepay for student meals and snacks. Visit www.MyLunchMoney.com to enroll and get started!