

Important Resources

Office of Employee Benefits and Retirement

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Web site: www.bcps.org/offices/benefits

(Visit our Web site for many of the forms we use)

Office Hours: Monday through Friday, 8:30 a.m. – 4:45 p.m.

Medical Option POS Plan		CareFirst BCBS Triple Choice/MPOS	
BCPS Service Area		All employees eligible – National PPO network	
Group Number		RM61	
Internet Web site/Provider Listing		www.carefirst.com	
My Account Web site		www.carefirst.com ; click on Members & Visitors; click on <i>My Account</i>	
Member Services (ID card, claims, changing PCP)		410-581-3625 or 800-525-5392	
Hospital Pre-Cert/Medical Management Service		410-581-3552 or 866-773-2884	
PPO/Participating Provider outside of MD		800-810-2583 or www.bluecares.com	
Network Mental Health Provider		ComPsych 877-595-5283 (under 65 only) or www.guidanceresources.com (password: baltimore)	
Express Scripts (for CareFirst BCBS Members only)			
Group Number		RM61D	
Sponsor Number		1639	
Internet Web site		www.express-scripts.com . See Web site for registration.	
Member Services		877-852-4061	
TDD Line (Member Services)		800-899-2114	
Mail Order		800-233-7139	
Medical Options HMO's		Kaiser Permanente	Keystone Central Health Plan
BCPS Service Area		MD residents only	PA residents only
Group Number		7434-6	00509145
Internet Web site		my.kp.org/mida/bcps or www.kp.org	www.khpc.com
Provider Listing		my.kp.org/mida/bcps or www.kp.org	www.khpc.com
Member Services (ID cards, verify provider participation, claims)		800-777-7902	800-669-7061
Hospital Pre-Cert/Health Consult Service		800-777-7904	800-348-8172
Healthy Pregnancy Program		800-444-6696	800-348-8172
TDD Line		410-339-5545	800-669-7075
Network Mental Health Providers		866-530-8778	www.phbi.com
Mental Health TDD Line		800-828-1140	
Dental Options	CareFirst	CareFirst	CIGNA-DHMO
Managed Dental Plan Name	Regional Dental PPO	Regional Dental Traditional	DHMO
Network Provider	Preferred	Participating	In-Network Only
Group Number	7J91	7J91	10013509
Internet Web site	www.carefirst.com	www.carefirst.com	www.cigna.com/dental
Provider Listing	www.carefirst.com	www.carefirst.com	www.cigna.com/dental
Member Services (ID cards, claims)	866-891-2802	866-891-2802	800-367-1037
Provider Services	866-891-2804	866-891-2804	800-342-5234
Other Numbers			
Flexible Spending Accounts	HFS Benefits - www.hfsbenefits.com		
COBRA Administration	410-887-8943		